

Helping Hands

Talk to your parents and ask them to arrange for you to help a family member or neighbour.

Please carry out a job/s for them that will give them a helping hand. You could help them in the garden, do some shopping, bake them a cake, keep them company etc.

Remember—this must be arranged by your parents and they must know when you are and who you are with at all times.

What job have you carried out?

How do you think your job made a difference to the person you helped?

Please ask the person you helped to write a comment below.

Now choose 2 jobs that you can do to help out around the house. Please carry out these 2 jobs every day for 2 weeks and complete the chart below. Please write a description of Job 1 and Job 2 in the boxes below. Please ask an adult to sign and date below to confirm that you have carried out these jobs.

Day	Job 1 description	Job 2 description
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T		
W		
Th		
F		
Sa		
Su		
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M		
T		
W		
Th		
F		
Sa		
Su		

_____ Signed _____ Date

BALLADEN BADGES

Helping Hands

Lower KS2 Badge Booklet

Your name _____

Class _____

Please record your information in this booklet.
You are welcome to attach any additional information,
photographs or drawings.