

Cookery Badge

Task 1

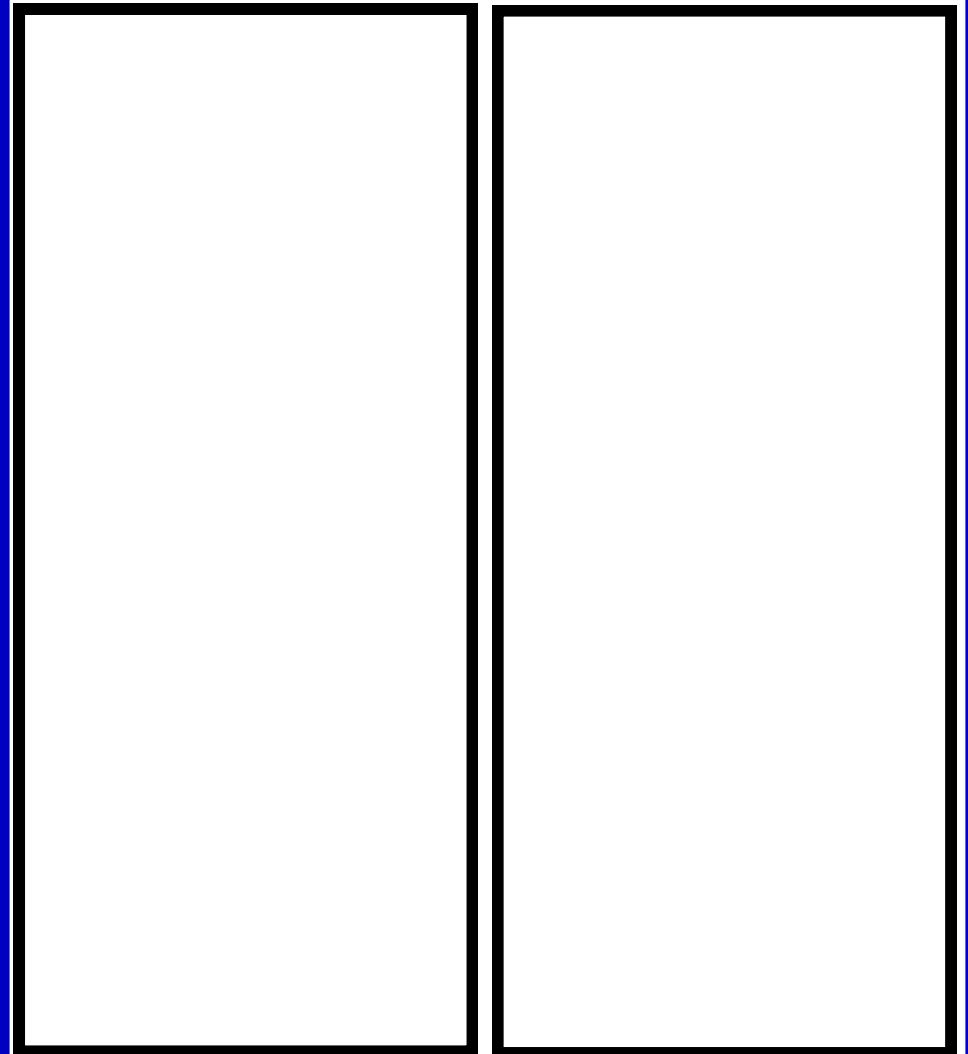
Please make a healthy packed lunch or a weekend picnic. Please design a poster to show the food that you prepared.

Please ask the person who has eaten your food to write a comment about it in the box below.



Task 2

Please write down a healthy shopping list and an unhealthy shopping list.



Task 3

Please could you design your own healthy drink.

What is the name of your drink?

Please could you write a recipe for your drink.

Make sure you either take a photo or draw a picture of your drink.

BALLADEN BADGES

Cookery Badge

WARNING—Please ensure you have an adult helper with you before you begin each task

Lower KS2 Badge Booklet

Your name _____

Class _____

Please record your information in this booklet.

You are welcome to attach any additional information, photographs or drawings.